Montevideo Community Center
550 S. 1st Street
Montevideo, MN 56265

Return Service Requested

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Last call: If your name is highlighted, your membership has not been renewed for 2025

2025 Board Members:

Steve Seitsema
LaVonne Stegeman
Rod Pederson
Jean Quigley
Sue Anderson
Paula Sachariason
Deb Larson
Peggy Peterson
Marie Pederson
Byron Hayunga
Kathy Christenson

The Montevideo Community Center will be closed for the following holidays:

- Memorial Day: Monday, May 26th
- Juneteenth: Thursday, June 19th

55+ Driver Discount Program
4-Hour Refresher (In-Person)

Wednesday, May 21st 1:00pm

Sign up and pay with the
Mn Driving Precision Center
1-888-234-1294 or 1-320-308-1400
***Payment may be due prior to the class**

Annual Open House

You're Invited!
Montevideo Community Center Open House
Date: Wednesday, May 7th
Doors Open: 9:00 AM
Program Begins: 9:30 AM

Discover what's happening at the Montevideo Community Center! Whether you're looking to stay active, connect with others, or explore new interests, this open house is the perfect way to see what's available.

We'll highlight a wide variety of programs designed for those who have a little more freedom in their day—fitness classes, arts and crafts, lifelong learning, social groups, and more.

Enjoy light refreshments, meet our friendly team, and get inspired to try something new. Bring a friend and make a morning of it!

All are welcome—come see how the Community Center can fit into your lifestyle.

Photo Contests are Back!

Displayed in the glass case by the office. Votes can be submitted in person, email, or Facebook
Results revealed at that month's Birthday Party

May Photo Contest
Theme: Prom and Formal wear
Photos due Wednesday, May 9th

July Photo Contest:
Theme: Fun Times
Photos due June 23rd

Fiesta Bingo

Monday, June 9th 6:00 PM
(Pizza at 5:00 PM)
Watch for more details!
Must be 18 or older to play Bingo

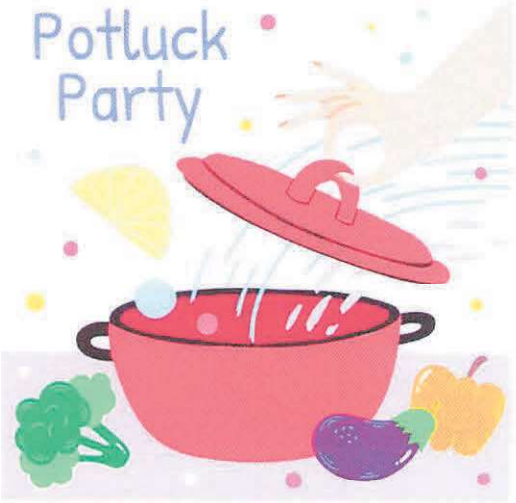
Potlucks:

Friday, May 16th (regular)

Tuesday, June 3rd (Taco theme)

Friday, June 20th (regular)

Signup sheets for the taco theme potluck will be posted on the announcement board.



SAIL (Stay Active and Independent for Life) – Program Update

While we wait to resume our full SAIL classes, we're adding an additional ***Chair Exercise session every Monday at 10:00 AM****. These sessions will continue until SAIL officially restarts.*

We're also planning ***SAIL Instructor Training*** *for* ***June or July****. If you're interested in getting involved, you'll be able to choose your own level of commitment. Opportunities include:*

- *Leading full or partial classes*
- *Running timers*
- *Calling out movements*
- *Assisting with forms or fitness checks*
- *Researching and sharing health tips*
- *Supporting in other ways that suit your strengths and availability*

Whether you'd like to be hands-on or just help behind the scenes, your support is welcome!

Bacon, Cheddar, Ranch Dip

8 oz cream cheese softened
1 cup sour cream
1 oz package ranch seasoning
2 cups shredded cheddar cheese
½ cup real bacon bits or cooked chopped bacon
Optional: salt, garlic powder, onion powder, etc. to taste

Note: Add more sour cream if desired. Plain Greek yogurt can substitute for sour cream

Please let us know if you'd sign up for any of the following if scheduled this summer/fall.

U of M Morris Horticulture Night
Date: Thursday, July 31, 2025 / 4 PM—8 PM
Location: West Central Research and Outreach Center (WCROC) Horticulture Display Garden
Cost: Free Admission (Bus ride cost TBD)
Activities: Food booths, vendor booths, keynote presentation, live music, WCROC Farm Tours

Shows at the Barn Theatre in Willmar

Drinking Habits

By Tom Smith
Directed by: Allen Clark
Two nuns at the Sisters of Perpetual Sewing have been secretly making wine to keep the convent's doors open, but reporters are hot on their trail. They go undercover as a nun and priest, but their presence, combined with the addition of a new nun, spurs paranoia throughout the convent that spies have been sent from Rome to shut them down. A comedy/farce to have all ages laughing.
August 10th or 17th (Sunday Afternoon)

Exit Laughing
By Paul Elliot
Directed by: Thomas Rosengren
When the biggest highlight in your life for the past 30 years has been your weekly bridge night out with the "girls," what do you do when one of your foursome inconveniently dies? You "borrow" the ashes from the funeral home for one last card game, and the wildest, most exciting night of your lives involves a police raid, a stripper and a whole new way of looking at all the fun you can have when you're truly living. Adult comedy.
September 21st of 28th (Sunday Afternoon)

Other Trip Ideas:
Fagen Museum, Casino Trip, Ethanol Plant, Equine Therapy tour, Dairy Farm, Dykstra's Garden, Winery

Center Programming

May

May 2025 (Central Time - Chicago)

Mon	Tue	Wed	Thu	Fri
28 Community Center 269-9375	29	30	1 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12pm - Bridge 12:30pm - Mah Jongg 2pm - Healthy Habits	2 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Hand, Knee, 1pm - Bingo
5 9am - Yoga 10am - Chair Exercise 11am - Prairie Five 12pm - Board Meeting 1pm - Game Day / Cards	6 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12:15pm - Bridge 1pm - Hand, Knee, Foot 1pm - Knit and Crochet 1pm - Penny Drop	7 9am - Morning Coffee 9am - Yoga 9:30am - Open House 10am - Book Club II 11am - Prairie Five 12:30pm - Cards 12:30pm - Mex Train	8 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12pm - Bridge 12:30pm - Mah Jongg 2pm - Happy Together 2pm - Healthy Habits	9 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Hand, Knee, 1pm - Bingo 4pm - Photo Deadline
12 9am - Yoga 10am - Chair Exercise 11am - Prairie Five 1pm - Game Day / Cards	13 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12:15pm - Bridge 1pm - Hand, Knee, Foot 1pm - Knit and Crochet 1pm - Penny Drop	14 9am - Morning Coffee 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Mex Train	15 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12pm - Bridge 12:30pm - Mah Jongg 2pm - Healthy Habits	16 9am - Yoga 11am - Prairie Five 12pm - Potluck 12:30pm - Cards 12:30pm - Hand, Knee, 1pm - Bingo
19 9am - Yoga 10am - Chair Exercise 11am - Prairie Five 1pm - Game Day / Cards	20 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12:15pm - Bridge 1pm - Hand, Knee, Foot 1pm - Knit and Crochet 1pm - Penny Drop	21 9am - Morning Coffee 9am - Yoga 10am - Book Club (CC) 11am - Prairie Five 12:30pm - Cards 12:30pm - Mex Train 1pm - Driving Class	22 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12pm - Bridge 12:30pm - Mah Jongg 2pm - Healthy Habits	23 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Hand, Knee, 1pm - Bingo
26 9am - Yoga 10am - Chair Exercise 11am - Prairie Five 1pm - Game Day / Cards	27 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12:15pm - Bridge 1pm - Hand, Knee, Foot 1pm - Knit and Crochet 1pm - Penny Drop 2pm - Birthday Party	28 9am - Morning Coffee 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Mex Train	29 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12pm - Bridge 12:30pm - Mah Jongg 2pm - Healthy Habits	30 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Hand, Knee, 1pm - Bingo

Center Programming

June

Jun 2025 (Central Time - Chicago)

Mon	Tue	Wed	Thu	Fri
2 9am - Yoga 10am - Chair Exercise 11am - Prairie Five 12pm - Board Meeting 1pm - Game Day / Cards	3 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12pm - Taco Potluck 12:15pm - Bridge 1pm - Hand, Knee, Foot 1pm - Knit and Crochet 1pm - Penny Drop	4 9am - Morning Coffee 9am - Yoga 10am - Book Club II 11am - Prairie Five 12:30pm - Cards 12:30pm - Mex Train	5 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12pm - Bridge 12:30pm - Mah Jongg 2pm - Healthy Habits	6 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Hand, Knee, 1pm - Bingo
9 9am - Yoga 10am - Chair Exercise 11am - Prairie Five 1pm - Game Day / Cards 6pm - Fiesta Bingo	10 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12:15pm - Bridge 1pm - Hand, Knee, Foot 1pm - Knit and Crochet 1pm - Penny Drop	11 9am - Morning Coffee 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Mex Train	12 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12pm - Bridge 12:30pm - Mah Jongg 2pm - Happy Together 2pm - Healthy Habits	13 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Hand, Knee, 1pm - Bingo
16 9am - Yoga 10am - Chair Exercise 11am - Prairie Five 1pm - Game Day / Cards	17 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12:15pm - Bridge 1pm - Hand, Knee, Foot 1pm - Knit and Crochet 1pm - Penny Drop	18 9am - Morning Coffee 9am - Yoga 10am - Book Club (CC) 11am - Prairie Five 12:30pm - Cards 12:30pm - Mex Train 1pm - Driving Class	19 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12pm - Bridge 12:30pm - Mah Jongg 2pm - Healthy Habits	20 9am - Yoga 11am - Prairie Five 12pm - Potluck 12:30pm - Cards 12:30pm - Hand, Knee, 1pm - Bingo
23 9am - Yoga 10am - Chair Exercise 11am - Prairie Five 1pm - Game Day / Cards	24 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12:15pm - Bridge 1pm - Hand, Knee, Foot 1pm - Knit and Crochet 1pm - Penny Drop 2pm - Birthday Party	25 9am - Morning Coffee 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Mex Train	26 9am - Line Dancing 10am - Chair Exercise 11am - Prairie Five 12pm - Bridge 12:30pm - Mah Jongg 2pm - Healthy Habits	27 9am - Yoga 11am - Prairie Five 12:30pm - Cards 12:30pm - Hand, Knee, 1pm - Bingo
30 9am - Yoga 10am - Chair Exercise 11am - Prairie Five 1pm - Game Day / Cards	1	2	3	4

Community Center
269-9515

P5 MEALS ON the GO
Congregate • Home Delivered • Frozen Meals

May 2025

269-9009

This service is funded in part by a contract from the Minnesota River Area Agency on Aging, Inc. ® with funding from the Federal Older Americans Act through the Minnesota Board on Aging. Additional funds are provided by the State of Minnesota, United Ways, local communities, and other adult contributions. Approved by: Noelle Syversons, RD, LD Posted menu is regular diet & provides average of 700-800 calories. Diabetic options are available. All meals are low sodium. MENU SUBJECT TO CHANGE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
Supplemental Nutrition Assistance Program (SNAP) payments are accepted in lieu of donation. Contact your Site Manager for more information.	All meals are served with Bread/Margarine and 8oz Low Fat Milk	**Gift Certificates available at your site or can be purchased on our website:** www.prairiefive.org	Sweet and Sour Chicken White Rice Asian Vegetables Fortune Cookie	Pulled Pork Sandwich Cole Slaw Peas Frosted Cake
5	6	7	8	9
Braised Pork Chop Sweet Potatoes Peas and Carrots Lemon Angel Food Cake	Swedish Meatballs Mashed Potatoes Cauliflower Fruit Crisp	Roast Beef/ Gravy Mashed Potatoes Mix Vegetables Melon	Chicken Salad Sandwich Lettuce Salad Macaroni Salad Bar	Swiss Steak Boiled Potato Carrots Cookie
12	13	14	15	16
Cranberry Chicken Au gratin Potato Corn Fresh Fruit	Marinated Pork Loin Rice Broccoli Bar	Meatballs Mashed Potatoes Green Beans Cheesecake	Country Fried Steak Mashed Potato Squash Fruit Cobbler	Tuna Salad Sandwich Potato Salad Three Bean Salad Applesauce
19	20	21	22	23
Chicken Strips Oven Browned Potato Carrots Pudding	Tater Tot Hotdish Winter Blend Veg. Frosted Cake	Egg Salad Sandwich Macaroni Salad Creamy Cucumbers Fruited Jell-o	Ham Slice Oven Browned Potato Peas Lemon Fluff	Spaghetti Meat Sauce Spaghetti Noodles Lettuce Salad Bar
26 Memorial Day	27	28	29	30
Closed For Memorial Day	Hamburger Potato Salad Tomato Cucumber Salad Cookie	Oven Roasted Turkey Mashed Potatoes/Gravy Corn Pie	Hamballs Baked Potato California Blend Veg. Bar	Breaded Chicken Sandwich Cheesy Hashbrowns Peas Birthday Cake

320-269-9009

P5 MEALS ON the GO
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June 2025

269-9009

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Nathans Hotdog Oven Browned Potato Mixed Vegetables Fresh Orange	Tater Tot Hotdish Winter Blend Veg. Ice Cream	Meatloaf Baked Potato Green Beans Fruit Cobbler	Chicken Chow Mein White Rice Asian Vegetables Fortune Cookie	Pork Chop Boiled Potato Cream Corn Frosted Cake
8	9	10	11	12
Bacon Chicken Ranch Wrap Carrot Raisin Salad Cookie	Porcupine Meatballs Au gratin Potatoes Mixed Vegetables Fruit Crisp	Taco Salad Tropical Fruit Churro	Pepper Steak Boiled Potato Peas Pudding Dessert	Hamburger Gravy Mashed Potatoes Peas and Carrots Bar
15	16	17	18	20 First Day Of Spring
Sloppy Joe Oven Browned Potatoes Mixed Vegetables Fresh Apple	Meatballs Mashed Potatoes Corn Lemon Angel Food Cake	BBQ Chicken Breast Mashed Potatoes Carrots Bar	Hamburger Steak Mashed Potatoes Green Beans Tropical Fruit	Mandarin Chicken Salad Cucumber Tomato Salad Fresh Melon
22	23	24	25	26
Creamed Chicken Biscuit Mixed Vegetables Pears	Baked Rigatoni Green Beans Cookie	Turkey/Ham Wrap Coleslaw Bar	Hamballs Baked Potato California Blend Veg. Cheesecake	Fish Sandwich Baked Beans Carrots Frosted Cake HAPPY BIRTHDAY!
29	30			
Country Fried Steak Mashed Potatoes Squash Pudding	California Burger Potato Salad Coleslaw Fresh Fruit	**Gift Certificates available at your site or can be purchased on our website:** www.prairiefive.org United Way of Southwest Minnesota	All meals are served with Bread/Margarine and 8oz Low Fat Milk United Way of West Central Minnesota	**Supplemental Nutrition Assistance Program (SNAP) payments are accepted in lieu of donation. Contact your Site Manager for more information.**